

3 Rivers Race Registration Packet 2017

Packet Pickup: June 2nd 4-6 p.m. Mountain Works 1301 Adams Ave.

Race: June 3rd Pioneer Park 6:00 a.m. for Bikers, 10:00 a.m. (walkers) or 12:00 noon (10K).

Duplicate and distribute the enclosed pledge sheet and waiver to each participant (if you are a team leader). Complete the registration form. Deliver or mail the registration form, the signed waiver forms, and the pledge money if available to:

The Mountain Works
1301 Adams
La Grande OR 97850

We ask that each individual raise at least \$35 (run) or \$50 in pledges or at least \$50/\$65 if you want a T-shirt. Families (of up to 4) are asked to raise at least \$100 in pledges per family. Add an additional \$15 for each T-shirt if you want them.

The Eve of the Race: Packet Pick-ups

Bring pledges collected to The Mountain Works between 4 and 6 pm at 1301 Adams the Friday before the race.

Race Day

Let the fun Begin!! Arrive at Pioneer Park 15 minutes before start time. Again start times are 6:00 a.m. for the centurian bike riders, 6:30 for the 70 mile bikers, 7 a.m. for the 55 milers, and 9 a.m. for 35 milers; 10 a.m. for walkers, and 12 p.m. for the 10K. Come to the post race BBQ and Awards Event at Pioneer Park starting at 1 pm. Don't forget about the prize for the most raised and for those who raised at least \$250 in pledges.

Start times for bikers should be calculated to roll into Pioneer Park by 1 p.m.

Questions: email Nancy Bachman at nancebachman@gmail.com or phone: 541-910-5357

Registration Form:
3 Rivers Race against Domestic Violence
Run:\$35/ Minimum Pledge or Bike \$50/ minimum pledge. Add
\$15 if you want a T-Shirt

Circle One: Individual or Team. If a team, what is the team name?

Circle Type: Bike Run Walk
Circle Route: 35 55 70 100 mi 10K

Name _____
Address _____ phone _____
Email _____ If you want a T shirt circle your size: S M L
or XL

If you are on a team fill out the information for each team member. Remember T-shirts are not included unless you have at least a \$65 minimum pledge for each individual member (families add \$15 per member above the \$100 minimum pledge per family).

Name _____
Address _____ phone _____
Email _____ If you want a T shirt circle your size: S M L
or XL

Name _____
Address _____ phone _____
Email _____ If you want a T shirt circle your size: S M L
or XL

Name _____
Address _____ phone _____
Email _____ If you want a T shirt circle your size: S M L
or XL

Name _____
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Email _____ If you want a T shirt circle your size: S M L
or XL

Name _____
Address _____ phone _____

Email _____
or XL

If you want a T shirt circle your size: S M L

**Waiver Form: 3 Rivers Race against Domestic Violence
GRANDE RONDE ROAD RUNNERS CLUB**

Please read the following waiver and sign below: All participants must sign a waiver.

In consideration of the acceptance of my entry, I, for myself, my heirs, executors, administrators and assigns, release and discharge any and all rights and claims for damage against any and all sponsors, directors, city, county, state, and Grande Ronde Road Runners from my participation in the event. I attest and verify that I have full knowledge of the risks involved in this race, and that I assume those risks myself.

Print Name

Signature

Date

Signature of Parent (If under 18)